

FAMILY TIES
of Massachusetts



Together In Enhancing Support

Metrowest Regional Support Groups

Support groups come in many sizes and forms, and their primary goal is the same. That goal is to provide comfort and/or assistance through the gathering of two or more individuals with a common concern. Support groups vary in their approach to fulfilling this goal. Some support groups strive to assist through education by hosting speakers on various issues. Others strive to provide comfort through the sharing of mutual experiences. It is important to find a support group that meets your specific needs. Keep in mind that just like a good pair of jeans, it may take several tries before you find a good fit. Once you find the right fit, a support group can become a comfortable and indispensable resource.

The support groups listed below are just a sampling of the groups available in the area. If you would like more information about a support group listed here, please call the specific support group contact. Groups do change, so we suggest that you call and confirm the meeting time and place before attending a meeting.

7/6/11

If you know of a support group in the Metrowest area that you would like to see added to this Regional Support Group list, please call Cheri McLane, our Family TIES Metrowest Regional Coordinator, at 781-774-6602, or 1-800-905-TIES. THANK YOU!

ADD/ADHD - ATTENTION DEFICIT DISORDER

Metrowest CHADD: Meets every 2nd Tuesday of the month, from 7-9PM at the Goodnow Library Meeting Roo, 21 Concord Road, in Sudbury MA

CONTACT: (508) 302-2425

E-MAIL: metrowest@chadd.net

ADOPTION SUPPORT

Adoptive Families Together Braintree: Meets on the 2nd Wednesday of the month, from 7-8:45PM at the Thayer Public Library, 798 Washington St., Braintree.

CONTACT: Lori Baeumler, 617-587-1522

E-MAIL: lbaeumler@mspcc.org

WEBSITE: www.adoptivefamilies.org

Adoptive Families Together-Acton: Meets on the 3rd Wednesday of the month from 7:30-9PM at Faith Evangelical Free Church, 54 Hosmer St., Acton.

CONTACT: Lori Baeumler, 617-587-1522

E-MAIL: lbaeumler@mspcc.org

WEBSITE: www.adoptivefamilies.org

ALL SPECIAL NEEDS

Todas as Necessidades Especiais (Support Group for Portuguese-Speaking Individuals / Grupode Apoio às Pessoas que Falam Português): Reunioes mensais. Telfonar para saber os dias. Federação para Crianças com Necessidades Especiais, 1135 Tremont Street. Suite 420, Boston. (Monthly meetings. Call for schedule. Federation for Children with Special Needs, 1135 Tremont Street, Suite 420, Boston.)

CONTACT: Rhea Tavares, Federação para Crianças com Necessidades Especiais, 617-236-7210, Ext.329

Parents Supporting Parents (PSP): Support group is open to all parents of children with special needs. It meets the 2nd Wednesday of each month at the Fiske Public Library on Randall Road in Wrentham. Call for specific times and events.

CONTACT: Amy Redfearn, 508-384-1569

E-MAIL: pspgroup247@yahoo.com

ANGELMAN SYNDROME

Angelman Syndrome Foundation: This group meets periodically, including fall, spring and summer family events. Call for dates and times. National website includes Spanish section.

CONTACT: Linda Daly, 781-837-1698

E-MAIL: Daly38@hotmail.com

WEBSITE: www.angelman.org and www.upneangels.com

APRAXIA (oral and/or verbal)

Apraxia Parent Support Group: Check website for exact schedule; usually meets 4-5 times a year on weekends, Burlington Public Library, Burlington.

CONTACT: Caroline

E-MAIL: C2cats@rcn.com

LISTSERV: http://groups.yahoo.com/group/NE_Apraxia

ARTHRITIS

Arthritis Foundation-Newton: Parent Support Group meets periodically; call for dates and times.

CONTACT: 617-244-1800, ext 119

WEBSITE: www.arthritis.org

ASPERGER'S SYNDROME

AANE Parents of School-Age Children: Meets 7-9PM on March 21st to discuss Siblings and June 7th to discuss Raising Capable Kids. Parent-to-parent networking will follow the Topic Discussion at 8:30PM. At the AANE Main Office located at 85 Main Street, Suite 101, Watertown.

CONTACT: Brenda Dater, 61-393-3824, Ext 22.

E-MAIL: Brenda.Dater@aane.org

AANE On-Line Parent Support Group: AANE Members are invited to join an Online Support Groups for parents of children or teens with Asperger Syndrome.

CONTACT: Lisa Graffeo, 866-597-2263, Ext. 10

E-MAIL: Lisa.Graffeo@aane.org

ASD/NVLD/Tourette's Parent Support Group: Meets the 2nd Monday 7-10PM, September through June at the Cole Court Function Room, 429 Washington Street in Holliston.

CONTACT: Lisa Bobrin, 508-893-0893

E-MAIL: bobrinlg@comcast.net

Parents of Children with Asperger's and Related Disorders: Meets 2nd Tuesday of the month from 7-8:30PM at Westborough Unitarian Church, Rte. 30. Call for details.

CONTACT: Gina Beaney, 508-366-7045

E-MAIL: glsb1@aol.com

ASTHMA AND ALLERGY

Asthma and Allergy Foundation/ New England Metro-Boston: Meets on the 2nd Tuesday of the month from 7PM at Newton Wellesley Hospital, call to confirm.

CONTACT: Cindy Aswad, Kathy Streeter, AAFA, 781-444-7778

WEBSITE: www.aafa.org

E-MAIL: www.asthmaandallergies.org

Metro-West Allergy & Asthma Support Group/Framingham: Meets from 7-9PM at Allergy & Asthma Treatment Specialists, 475 Franklin St, Suite 206, Framingham. Call for dates.

CONTACT: Linda Drews or Lori Brockway, AAFA, 617-965-7771

WEBSITE: www.asthmaandallergies.org

E-MAIL: aafane@aafne.org

Northwest Suburban Boston Area/Lexington: Meets from 7-9PM at Beth Israel and Children's Hospital Medical Care Center, 482 Bedford Street, Lexington. Call for dates.

CONTACT: Laurel Francoeur, AAFA 781-444-7778

Southeastern Food Allergy Support Group: Meets on the 3rd Thursday of the month. Call for dates and times. Pediatric Specialists 132 Central Street, Foxboro.

CONTACT: Pat Mulligan LICSW , Patricia Bates RD, 781-444-7778

AUTISM SPECTRUM DISORDERS

BANDS Together (Braintree Autism Network for our Daughters and Sons):

Meets the following dates in 2011: April 11, June 13, and Oct. 10 at 7:30PM at Emmanuel Parish, 519 Washington Street, Braintree (corner of West Street).

CONTACT: Natasha Chomas, 781-356-4740

Common Bonds: This is a networking and informational group for parents of children with Autism Spectrum Disorders, that meets periodically.

CONTACT: Kris Kroc, 781-444-9762

E-MAIL: kriskroc@comcast.net

Dads of Children with Autism: Meets on the 4th Tuesday of the month from 7:15–8:45PM at the Family Autism Center, Westwood. Facilitator: Jerry Jacobs, LICSW.

CONTACT: John Kelly, 617-868-4858, Ext. 206

E-MAIL: dwood@sncarc.org

First Wednesday Group for Parents of Children with Autism/PDD: Meets the 1st Wednesday of the month, 7-9PM, Family Autism Center, at 789 Clapboard Street, Westwood.

CONTACT: Joanne McLaughlin, 508-543-3936

E-MAIL: JoMcL@powersrvcs.com

WEBSITE: www.sncarc.org/support group

Grandparents of Children with Autism: Meets on the 3rd Thursday of each month from 9:30–11:30AM at the Family Autism Center, at 789 Clapboard Street, Westwood.

CONTACT: Lucy, 781-762-4001, EXT 304

WEBSITE: www.sncarc.org/support_group

E-MAIL: dwood@sncarc.org

Parents of Children with Asperger's Syndrome – Parents of children with Asperger's Syndrome meet to discuss issues and share experiences. This group meets on the second Wednesday of each month 7:30-9:30PM at 789 Clapboard Street, Westwood.

CONTACT: Joanne at 508-543-3936

WEBSITE: www.sncarc.org/support_group

E-MAIL: dwood@sncarc.org

“Piecing the Puzzle” Parent to Parent Autism Support Group: Meets every Thursday from 10AM to Noon in the Jefferson Park Community Room #1, Jackson Place, Cambridge. Sponsored by Cambridge Family & Children's Service in collaboration with DDS.

CONTACT: Yevett Fraticelli, 617-876-4210, Ext. 105

EMAIL: piecing_the_puzzle@yahoogroups.com

Residential Support Group: Parents of children in residential placement come together to discuss issues and provide support to each other. Meetings are the 1st Tuesday each month from 7:30-9:30PM, SNARC Conference Room, 789 Clapboard Street, Westwood.

CONTACT: Nancy Borr, 781-762-4011

E-MAIL: dwood@sncarc.org

South Coastal Support Group for Families of Children with Autism: This group meets on the 2nd Monday of the month from 10AM-Noon at the Autism Center of the South Shore, 190 Lincoln Street (Rte. 3A) at the Anderson Dental Building, 2nd Floor.

CONTACT: Karen Schusterman, 781-749-8568

BEREAVEMENT GROUPS

Bereavement Group of Foxboro: Within this group is “The Circle” whose mission is to provide bereavement support to families who have lost a parent or sibling. Meets September to May, every other Monday evening at the Foxboro Regional Charter School, 131 Central Street.

CONTACT: Noreen Sherys, 508-543-1252

Listening, Reflecting & Healing: This is a genetic counseling and bereavement practice. Parents come together in mornings or evenings in Needham.

CONTACT: Mary-Frances Garber, MS, CGC, 781-366-5300

EMAIL: mfgcgc@yahoo.com

WEBSITE: www.listeningreflectinghealing.com

BRAIN INJURY

Boston Acquired Brain Injury Support Group (BABIS): Meets on the 1st Saturday of the month from 10AM to Noon at Spaulding Rehab Hospital, Conference Rooms 8A&AB, 125 Nashua Street, Boston. Group provides positive forum for peer socialization, hope, and education for people with acquired brain injury and their family and friends.

CONTACT: Sally Johnson, 617-573-2539

EMAIL: babisgroup@hotmail.com

WEBSITE: www.babis.info/

Pediatric Support Group for Parents and Caregivers of Children with Brain Injuries: Meets periodically at the Norfolk Public Library, 139 Main Street, Norfolk. Call for meeting dates, times.

CONTACT: Gayle Fedele, 617-365-3980

CARDIAC CONDITIONS

Friends With Heart: A support group for parents of children with congenital heart conditions, meets monthly from 7-9PM at Worcester Library. There are also quarterly informational meetings with guest speakers. Call for details and directions.

CONTACT: Dawn King, 508-842-1636

E-MAIL: dawnking@townisp.com

Little Hearts Parent Network: Call or check website for information on meeting date, time, and place. If you are interested in forming a Greater Boston chapter, please the national headquarters.

CONTACT: Lenore Cameron, 866-436-HOPE (4673)

WEBSITE: www.littlehearts.net

CROHN'S DISEASE AND COLITIS

Crohn's and Colitis Foundation Parent Support Group: This group meets periodically at Harvard-Vanguard Medical Associates, Conference Room 2, 230 Worcester Street (Rte. 9), Wellesley, from 12:30-2PM. Childcare is available.

CONTACT: Marcia Shuman, 781-449-0324, ext 20

E-MAIL: ne@ccfa.org

Parent & Family IBD Support Group: Call for information about meetings held at Children's Hospital Boston, 300 Longwood Avenue, Boston.

CONTACT: Kate Donovan, 617-355-6416

EMAIL: kate.donovan@childrens.harvard.edu

DEVELOPMENTAL DELAY

Latino Health Institute Educational Support Group for Families with Individuals with Developmental Disabilities (all ages, Spanish-speaking families): Meets on the last Thursday of every month from 10AM-Noon at Latino Health Institute, 95 Berkeley Street, Boston. Call to register.

CONTACT: Delia Malqui, 617-350-6900, Ext. 193

Yesodot: Call for meeting schedule and more information.

CONTACT: Sue Holmes, Jewish Vocational Service, 617-542-1993;

Toll-free: 866-JVS-WORK, TTY 617-451-1496

E-MAIL: sholmes@jvs-boston.org

DIABETES

Juvenile Diabetes Research Foundation Networking Coffees: Groups meet monthly to discuss a variety of topics. Please call for dates, times and locations.

CONTACT: Lauren Shields, 781-431-0700

E-MAIL: lshields@jdrf.org

WEBSITE: www.jdrf.org/baystate

Parent Coffees: Monthly or bi-monthly meetings offered from September to June in different locations. Call to be on the mailing list for the schedule.

Contact: Lauren Shields, Juvenile Diabetes Research Foundation International, New England/Bay State Branch, Wellesley, 781-431-0700

WEBSITE: www.jdrf.org/networkingcoffees

DOWN SYNDROME / SINDROME DE DOWN

21 Shades: Inclusive support group for all families of African heritage who love someone with Down syndrome. Monthly meetings are held from 6:00-8:00PM at the Federation for Children with Special Needs, 1135 Tremont Street, Boston. Call for meeting dates, including summer social plans. Location accessible by MBTA (Ruggles Station).

CONTACT: Roxanne, 617-399-8343

E-MAIL: chandler@fcsn.org

D.A.D.S. (Dads Appreciating Down Syndrome): Meets monthly (generally the 4th or last Wednesday evening) in the South Shore or Metrowest region. The group's purposes are to create a network that meets the needs of its members while sharing information, camaraderie, and fun. Call for more information about the group's activities or meeting details.

CONTACT: Jeff Roback, 339-788-1460

E-MAIL: paulsdadda@yahoo.com

Down Syndrome Group: A support group for families who have a loved one with Down Syndrome. Meets the 2nd Saturday of the month from 10-11:30AM at ARC Office, 564 Main Street, Fitchburg. Babysitting is provided.

CONTACT: ARC Community Services, 978-343-6662

E-MAIL : kblack@arccommunityservices.com

WEBSITE: www.arccommunityservices.org

Familias Latinas Unidas por el Síndrome de Down: Un Sabado por mes, 10AM-Noon, Federación para Niños con Necesidades Especiales, 1135 Tremont Street, Suite 420, Boston. Llame para las fechas. Se Provee quidado de niños.

CONTACT: Marilyn Gutierrez, Federación para Niños con Necesidades Especiales, 617-236-7210, Ext.351

Massachusetts Down Syndrome Congress: MDSC helps parents and professionals to understand and cope with issues relating to Down Syndrome. FIRST CALL program connects parents with veteran families.

CONTACT: 1-800-664-MDSC

E-MAIL: mdsc@mdsc.org

WEBSITE: www.mdsc.org

Metro West Parents of Children with Down Syndrome: Meets on a monthly basis in Hopkinton and hosts periodic family social groups. Call for more information.

CONTACT: Cheryl Caira, 508-877-6475 or Elain Chaisson, 508-875-8091

South Shore Parents: Meets periodically in Cohasset; call for date, time and location.

CONTACT: Wilma, 781-659-7233, or Taffy, 781-383-0895

E-MAIL: wgoodhue@earthlink.net

EATING DISORDERS

MEDA Support Group: Hope and Inspiration is a free drop-in group that takes place on the 1st Saturday each month from 10:00-11:00AM at the MEDA (an eating disorder treatment and prevention organization) office located at 92 Pearl Street, Newton. During the hour, a recovered individual shares his or her story of recovery, leaving time for discussion and questions.

CONTACT: MEDA, 617-558-1881, Ext. 12

WEBSITE: www.medainc.org

EPILEPSY AND SEIZURE DISORDERS

Parent and Family Network Get-Togethers: Meets 4th Monday of each month from 7-9PM in the Meeting Room, Melrose Public Library, West Emerson Street, Melrose. (Changes when Monday is a holiday; call for schedule.)

CONTACT: Susan Welby, Epilepsy Fnd. of Mass. and R.I., 617-506-6041, Ext.19

E-MAIL: SueWelby@comcast.net

Southwest of Boston Parent & Family Support Network Group: Meets 1st Tuesday monthly (not July through Sept. and Dec.) from 7:30-9PM at the Medfield Town Library, 468 Main Street (Rte. 109). For parents of children and teens with epilepsy.

CONTACT: Michelle Gaudet or Christi Barney, c/o EFMRI, 617-506-6041, Ext.19

FRAGILE X SYNDROME

Frax'em: Meets on the 1st Wednesday of the month from 10AM-Noon in Tewksbury. Please call for location.

CONTACT: Sandra Morse, 978-927-5269

GRANDPARENTS AND OTHER RELATIVES RAISING CHILDREN

Kinship Support Group: Meets the 2nd and 4th Tuesdays from 10AM-Noon at MSPCC, 157 Green Street, Jamaica Plain.

CONTACT: Charity Bell, 617-983-5850

Kinship Support Group: Meets the 2nd and 4th Thursdays from 10AM-Noon at the Julia Martin House, Bromley-Heath Housing Project, 90 Bickford Street, Jamaica Plain.

CONTACT: Charity Bell, 617-983-5850

HAITIAN AMERICAN PUBLIC HEALTH INITIATIVES (HAPHI)

Family Support Group: Meets the last Sunday of the month at 10 Fairway Street, Mattapan.

Please note: Department of Mental Referral needed.

CONTACT: Dr. Raphael, 617-298-8076

LEUKEMIA/LYMPHOMA

Leukemia/Lymphoma Society: Family Support groups meet on the 2nd Tuesday of every month. Call for location and time.

CONTACT: Leah Sherman, 800-688-6572, Ext. 20

LIMB DEFICIENCY

Helping Hands Foundation: A support group made up of parents who have children with upper limb differences and who are concerned with the challenges facing the child and the entire family. Massachusetts Chapter is located in Medfield.

E-MAIL: info@helpinghandsgroup.org

WEBSITE: www.helpinghandsgroup.org

MEDICAL SUPPORT

Eosinophilic Gastrointestinal Disorders Support Group: Provides support to parents and opportunities to meet and share for young adults and adults affected by EGID. Meets second Saturday of the month at Children's Hospital Waltham, 9 Hope Avenue, Waltham; speakers with the group offer educational talks on a variety of topics. Call for meeting details and RSVP.

CONTACT: Dianna Queheillalt
E-MAIL: dianna@EGIDBoston.org
WEBSITE: www.EGIDBoston.org

Kids with Tubes: Online support group and information for parents and caregivers of tube-fed children.
WEBSITE: www.kidswithtubes.org

New Hope Coalition: Meets at Winchester Town Hall; for parents of children 18 years or younger who experience multiple, severe and complex medical needs.
CONTACT: Eileen Lee, 978-738-0070

Sanfilippo Mothers Group: Meetings will occur monthly, beginning Friday, March 5th at 7:00 p.m. in Needham. Call for details about meeting format and location. All families are welcome.
CONTACT: Mary-Frances, mfgcgc@yahoo.com

TrachCare Inc.: Statewide support for parents of children of all ages who have a tracheostomy. Telephone support and occasional group meetings are available.
CONTACT: Julie Leahy, 617- 527-1990
E-MAIL: info@trachcare.org

MENTAL HEALTH

Caregivers for the Mentally Ill: Sponsored by the Norfolk Alliance for the Mentally Ill, meets on the 1st Thursday of the month at 7PM in the cafeteria of the Norwood Caritas Hospital, 800 Washington St., Norwood.
CONTACT: Ray Breton, 508-668-2941

Metro Suburban Support Group: Meets on the 1st and 3rd Thursday from 7-9:30PM at Wayside Youth & Family, 406 Massachusetts Avenue, Arlington. Reimbursement for childcare.
CONTACT: Anne Sullivan, 781-643-2580, Ext. 123
E-MAIL: annesullivan@waysideyouth.org

Metrowest Parent Support Group: Meets monthly on the 2nd and 4th Monday from 6:30-8:30PM at Wayside Youth & Family Support Network, 75 Fountain Street, Framingham.
CONTACT: Lois DeRusha, Parent Support Coordinator, Wayside Youth, 508-620-0010 x308
E-MAIL: lois_derusha@waysideyouth.org

NAMI Newton-Wellesley Support Group: Meets each 2nd Tuesday of the month from 7-9PM at Newton-Wellesley Hospital. Call for exact location.
CONTACT: Eileen O'Toole, 781-444-0750

NAMI Parent Support Group, Norwood: Meets the 1st Thursday of every month from 7-9PM at Caritas Norwood Hospital. Call for room information.
CONTACT: Ray Breton, 508-668-2941

NAMI Parent Support Group, Quincy: Meets on the 2nd Wednesday of the month in the cafeteria at the Quincy Mental Health Center, 460 Quincy Avenue, Quincy. Call for more information.

CONTACT: Fanny Zambuto, 781-878-4400 or Barbara Sullivan, 617-773-7440

NAMI Support Group, Somerville: Meets the 3rd Monday of every month at 7:30PM at Somerville Hospital, 230 Highland Avenue, Somerville.

CONTACT: Karyn, 781-861-8819

PAL Parent Support Group, Acton: Meets the 2nd and 4th Tuesday of each month from 10AM-Noon at the Acton Memorial Library, 2nd Floor Conference Room, 486 Main Street. Reimbursement for childcare.

CONTACT: Anne Sullivan, Parent Support Coordinator, 781-643-2580, Ext. 123

E-MAIL: annesullivan@waysideyouth.org

MITOCHONDRIAL DISEASE

Mitochondrial Disorders Support Group: Meets monthly at the Lahey Clinic in Burlington, MA.

CONTACT: Bill Shea, 508-946-7194

NEUROLOGICAL DISORDERS

Rett Syndrome Support Group: Meets on the 1st Thursday of the month at ARC of Massachusetts, Waltham. Call for more information.

CONTACT: 781-891-6270

OBSESSIVE-COMPULSIVE DISORDER

Obsessive Compulsive Foundation (OCF) / Greater Boston Support Group for Friends and Family: Meets 1st Tuesday of every month at the DeMarneffe Bldg., McLean Hospital, 115 Mill Street, Belmont. Call for meeting time.

CONTACT: Greater Boston Helpline, 617-376-3784

WEBSITE: www.ocfboston.org

Obsessive Compulsive Foundation(OCF) / Greater Boston Support Program: Meets 1st Tuesday of every month, beginning at 5:30PM at the DeMarneffe Bldg., McLean Hospital, 115 Mill Street, Belmont. (\$25 fee)

CONTACT: Dr. Trainor, 617-855-2587

WEBSITE: www.ocfboston.org

Parent Support Group: Meets the 3rd Wednesday of the month from 10-11:30AM at the Boyden Library, Foxboro.

CONTACT: Email to: LMB558@aol.com

PARENTING SUPPORT

Boston Family Support Group for Cantonese/Mandarin-speaking families:

Meets every other month on the 2nd Saturday of the month from 4-6PM at the Josiah Quincy School Elementary School. Group coordinator: Agnes Wong

CONTACT: Lusa Lo

E-MAIL: Lusa.Lo@umb.edu

Connecting Parents/MSPCC: Meets weekly Mondays 6:30-8:30PM at the Canton Public Library, 786 Washington Street, Canton and Fridays 10-Noon at Tufts Library, 46 Broad Street, Weymouth. Also hosts a weekly Writing Group on Tuesdays 10-11:30 AM at the Donovan Building, 5 Randolph Street, Canton.

CONTACT: Betty Wagner, 617-983-5803

Mothers and Infants who are Creole-Speaking: Meets at Thom Boston Metro Early Intervention, 555 Amory Street, Jamaica Plain. Please call for dates and time.

CONTACT: Sonnia Borgard, 617-383-6522

New Fathers Support Group: Meets every other Tuesday from 7-8:30PM at Heritage House at Vernon Court, 430 Centre Street, Newton Centre. Call to register. (Sponsored by The Center for Early Relationship Support, Jewish Family and Children's Service.)

CONTACT: Victor Nussbaum, 617-558-1278

Parent Association who Cantonese/Mandarin-speaking families: Meets every 3rd Wednesday of the month at the Great Wall Center, 110 Pleasant Street, 3rd Floor, Malden.

CONTACT: Lily Chin, 781-388-6931

Parents Helping Parents: Call for schedule of all groups and for exact locations in the region.

CONTACT: The Roundtable of Support, 1-800-882-1250

Concord Family and Youth Services: Parenting support for ages birth to age 3 years.

Located at 380 Massachusetts Avenue, in Acton. Call for meeting details and times.

CONTACT: 978-263-3006

WEBSITE: www.cfys.org

Support Group for Mothers and Babies Under 1 Year: Meets on Tuesdays from 10-11:30AM at St. Thomas Aquinas Church, 97 South Street, Jamaica Plain. Call for details. (Sponsored by The Center for Early Relationship Support, JFCS.)

CONTACT: Andrea W. Insoft, 617-558-1278

Support Group for Mothers and Babies Under 1 Year: Meets on Wednesdays from 10:30-Noon at Temple Obahei Shalom, 1187 Beacon Street, Brookline. (Sponsored by The Center for Early Relationship Support, JFCS.)

CONTACT: Andrea W. Insoft, 617-558-1278

Support Group for Mothers and Babies Under 1 Year: Meets on Mondays from 10:30-Noon at Temple Eitz Chayem, 134-136 Magazine Street, Cambridge. (Sponsored by The Center for Early Relationship Support, JFCS.)

CONTACT: Andrea W. Insoft, 617-558-1278

Support Group for Mothers and Babies Under 1 Year: Meets on Thursdays from 10-11:30AM at Havurat Shalom, 113 College Avenue, Somerville. (Sponsored by The Center for Early Relationship Support, JFCS.)

CONTACT: Andrea W. Insoft, 617-558-1278

This Isn't What I Expected: A Postpartum Adjustment Group: Meets Tuesdays, 10-11:30AM at Second Church of Newton, 61 Chestnut Street, West Newton.

CONTACT: Kaylee Murphy, 781-647-5327, Ext. 2208

PEER SUPPORT

Support Group for Young Adults: Meets Wednesdays from 5-6PM at STEPS 12 Prescott St. Arlington, MA (Sponsored by Metro Suburban RLC and Wayside Youth and Family Support Network's STEPS)

CONTACT: Gina Bozzi at 781-646-2826

E-MAIL: gina_bozzi@waysideyouth.org

RETT SYNDROME

Rett Syndrome Support Group: Meets on the 1st Thursday of the month at ARC of Massachusetts, Waltham. Call for more information.

CONTACT: 781-891-6270

SENSORY PROCESSING DISORDER

SPD-Parents Connect: Meets the 2nd Thursday of the month from 7-8:30PM at OTA Watertown, 124 Watertown Street, Watertown.

CONTACT: Carrie Pekor-Jasper, 617-964-0138

E-MAIL: radioflyer-cpj@earthlink.net

Sensory Integration Issues Parent Support Group: Meets once a month at the Congregational Church, 24 South Main Street, Sharon. Call for details.

CONTACT: Smadar Gekow, 781-784-9086

E-MAIL: gekowfamily@verizon.net

SIBLING SUPPORT

Sibling Support Group (ages 5-12): Wayside Family Works offers this group on the 1st and 3rd Mondays of the month from 6-8PM at Wayside Academy, 31 Main Street, Marlborough.
CONTACT: Lois DeRusha, Parent Support Coordinator, Wayside Youth, 508-620-0010 x308
E-MAIL: lois_derusha@waysideyouth.org

SPINA BIFIDA

Spina Bifida Association of Massachusetts: The Spina Bifida Association hosts a listserv for families who have loved ones with Spina Bifida.

CONTACT: 888-479-1900

LISTSERV: <http://health.groups.yahoo.com/group/MSBAParents/>

TRANSITION EDUCATION GROUP

Transition Education Group for Parents of Young Adults (ages 15-25):

An educational/informational group for parents of adolescents/young adults with behavioral, emotional, or learning challenges. Meets the 1st Wednesday of each month from 7-9PM at TEMPO Young Adult Resource Center, 68 Henry Street, Framingham.

CONTACT: Lois DeRusha, Parent Support Coordinator, Wayside Youth, 508-620-0010 x308

E-MAIL: lois_derusha@waysideyouth.org

TRISOMY-X SUPPORT GROUP

"Taking it to the MaxXX" Massachusetts Area Trisomy X support group next meeting 6/4 hosted by Baystate Genetics. Contact the Massachusetts Area Trisomy X Support group for details and directions

CONTACT: Joanne Burke, at (508) 651-9927

E-MAIL: jomamaburke@comcast.net

TWINS, TRIPLETS, AND MORE

Twins, Triplets, and More: Meets on Wednesdays from 2:30-4 PM at Cabot Park Village, 280 Newtonville Avenue, Newton. (Sponsored by The Center for Early Relationship Support, Jewish Family and Children's Service.)

CONTACT: Terri Chebot or Andrea Insoft, 617-558-1278

VISION IMPAIRMENT

Low Vision Support Group: Come and learn more about vision loss, listen to guest speakers, share coping strategies, and the company of others. Meets on the 3rd Thursday of every month at 1PM at the Foxboro Senior Center. This is an open group with an informal hour of sharing. Newcomers are welcome.

CONTACT: Noreen Sherys, 508-543-1252 or 508-543-7336